



## Pack List: Half and Full Day Trips

### Personal Items

- Water bottle
- High SPF Sunscreen
- Sunglasses with retention strap.
- Shoes or Sandals with heel straps **NO FLIP FLOPS**
- T-Shirt and Shorts (depending on season and weather)
- Change of clothes for after the trip
- Baseball cap if you like (full brimmed hats will not fit under helmets)
- Vital Medications

**\*When is your trip? Northern New Mexico is a high desert alpine environment and nighttime temperatures, even in peak summer can get cold. Please pack smart and to your personal comfort level with minimization in mind.**

- Early/ Late Season (March-May and September/ October):
  - Additional Thermal Layer: long underwear, fleece, or wool. NO COTTON
- Peak Season (June-August)
  - Sun Protective clothing, lots of guides cover arms and legs!

**\*All Rio Grande Trips meet at our Headquarters which has a fully stocked retail shop with affordable water shoes, sunscreen, sunglasses and retention straps, hats, shirts and more**

**\*Gratuities: We consider our guides to be the best in the business and dedicated to providing you with the best adventure and service available. If you feel like this is true, please feel free to let your guide know. An average gratuity is 15-20% of the trip cost.**