



WHITEWATER GUIDE SCHOOL

NMRA will provide the basics for you to use during your 8-day course. Including PFD, wetsuit, helmet, and splash gear. April Guide Schools can be very cold and even include snowy days, please come prepared! Please note that guide school participants hired for the season as river guides will have the opportunity to purchase discounted gear through our pro-purchase programs.

NMRA GUIDE SCHOOL SUGGESTED PACKING LIST

RIVER CLOTHING

- 1 PAIR OF LIGHTWEIGHT QUICKDRY PANTS OR LEGGINGS
- 3 PAIR OF SHORTS: QUICKDRY SYNTHETIC
- 4 SHIRTS: QUICKDRY SYENTHTIC, ONE MUST BE LONG SLEEVE.
- 2 PAIR OF SHOES. NO FLIP FLOPS. SANDALS MUST HAVE ANKLE STRAP. TENNIS SHOES RECOMMENDED
- SOCKS/UNDERWEAR: SYNTHETIC OR WOOL RECOMMENDED
- 2 PAIR SYNTHETIC/CAPELINE LONG UNDERWEAR
- WARM HAT AND GLOVES
- BASEBALL HAT
- SUNGLASSES WITH RETENTION DEVICE
- WARM JACKET- FLEECE IS BEST. NO COTTON
- RELIABLE RAIN JACKET/PANTS

Think about the weather during your course dates. It is not uncommon to have snow storms in NM during our April course. Use common sense when packing and remember you can bring as much as you need as we will be based at our Headquarters and you will always have access to the gear you bring. Be prepared and feel free to ask us for advice or if you have any questions at all.

PERSONAL ITEMS/ BOATHOUSE GEAR

- HEADLAMP
- PERSONAL HYGEINE ITEMS AND MEDICATIONS
- HIGH SPF SUNSCREEN, BUG REPELLENT, LIP BALM, AND BODY LOATION/ SALVE
- WATERBOTTLE WITH LOCKING CARABBINER
- TENT
- SLEEPING BAG, PAD AND PILLOW
- PERSONAL CLOTHING
- TOWEL



- NOTEBOOK AND PEN

MEALS AND BOATHOUSE LIVING

- EACH PARTICIPANT WILL BE RESPONSIBLE FOR THEIR OWN MEALS
- SOME DAYS YOU WILL BE ASKED TO PACK YOUR LUNCH AND EAT ON THE RIVER
- THERE IS A FULL KITCHEN INCLUDING DRY AND COLD FOOD STORAGE FOR YOU TO USE DURING THE COURSE
- THERE ARE BATHROOMS AND SHOWERS FOR YOU TO USE
- EACH GUIDE SCHOOL CANDIDATE WILL BE RESPONSIBLE FOR THEIR OWN CAMPING EITHER IN OUR "CAMPGROUND" AREA OR IN YOUR VEHICLE AT OUR BOATHOUSE

NMRA GUIDES ARE REQUIRED TO HAVE THE FOLLOWING RIVER EQUIPMENT PRIOR TO COMMERCIAL TRIPS. HOWEVER, THE FOLLOWING ITEMS ARE NOT REQUIRED FOR THE GUIDES SCHOOL AND CAN BE PURCHASED DURING OR AFTER THE COURSE IS COMPLETED:

- TYPE 3 OR 5 US COAST GUARD APPROVED PERSONAL FLOATION DEVICE
- COMPANY APPROVED RAFTING OR KAYAKING HELMET
- RIVER RESCUE KNIFE WITH PFD ATTACHMENT
- RIVER RESCUE THROW BAG
- 2-4 LOCKING CARABINERS
- 6' TUBULAR WEBBING
- PERSONAL DRYBAG- MEDIUM SIZED
- MULTI-DAY GUIDES WILL NEED ALL CAMPING EQUIPMENT AND PERSONAL DRY-BAGS
- CAM STRAPS
- HYPO KIT (EXTRA SYNTHETIC OR WOOL LAYERS FOR GUESTS INCLUDING GLOVES, HATS, SOCKS AND TOPS)

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